

## **Sunday Evening Fellowship**

In recognition of all the hard work  
he has done for our church,  
there will be a fellowship for Don Parker  
this Sunday, January 30 at 5:00 P.M.

Please bring snacks; drinks will be provided.

### **NOW MEETING:**

#### **STUDENTS 7TH-COLLEGE "POTTERY CLASS"**

*TEACHER—JUSTIN BENSON*

Justin will be discipling the students in apologetics and Bible history.  
This class is an in depth class to grow students, and especially good  
for students looking to lead other students.

*Sundays @ 5:00 P.M. in the FLC*

#### **ADULTS AND PARENTS "TEEN LIFE, THE LIFE A TEENAGER LIVES"**

*TEACHER—JP SUTMILLER*

This class is designed for parents or anyone who is interested in the  
life of a teenager. We will talk about what they do and have to go  
through and look to the Bible as a guide to work with them and how  
we can work together. The class will include a Bible Study to do with  
students daily to encourage family growth. IT IS NOT A PARENTING  
CLASS. Each class will have a text message Q&A time where people  
can text me questions about real life for a student and we can answer  
those questions.—JP

*Sundays @ 5:00 P.M. in the Old Fellowship Hall.*

### **Men's Spring Event**

**Saturday, March 19 at 5:00 P.M.**

**Workers are needed in the following areas:**

Cooking, Setup/Teardown,

Publicity/Promotion, & Donations.

*The Sign-up sheet is in the workroom.*

### ***FEBRUARY CALENDAR***

#### **LLL**

Thursday, 17th @ noon

#### **Brotherhood**

Monday, 21st @ Big Creek

#### **Food Distribution**

Thursday, 24th

*First Baptist Church  
PO Box 845  
Heavener OK 74937  
RETURN SERVICE REQUESTED*

*Non-Profit Org.  
U.S. Postage  
PAID  
Heavener OK 74937  
Permit No. 30*

## **AT REST OR IN MOTION**

**January 25, 2011**

*While I am at rest in my recliner watching the TV, there comes a commercial on which states a law of physics. "An object at rest tends to remain at rest and an object in motion tends to remain in motion." Then it shows a guy getting up out of his porch swing and going walking on the beach. It always sends me on a guilt trip because it is easier to change the channel with the remote than get up out of the chair and get into motion. Jack LaLanne recently died at age 96. Most people recognize him as the physical fitness guru of all time. He promoted healthy eating and exercise by his motivational talks and feats of strength. Among his many feats was at the age of 70 handcuffed, shackled, and fighting strong winds and currents towed 70 boats with 70 people from the Queen's Way Bridge in Long Beach Harbor to the Queen Mary, 1 1/2 miles. He challenged us all to "get up off the couch and get some exercise." Jesus used a lot of action words when He healed people. To the Centurion's dead son, "Arise." To Lazarus in the tomb, "Come forth." To the blind man, "Go wash in the pool..." To the paralytic, "Arise, take up your bed." Jesus knew their lives would not get any better until they overcame the law of physics and changed from rest to motion. I'm glad we are a church that remains in motion. Our pastor recognizes the danger of allowing us to put on the brakes and become a church at rest. Being at rest causes us to lose strength and desire to accomplish what God wants us to do. Bro. Sam is a tireless leader for whom we can be grateful lest we become like so many others, passive and lethargic only concerned with our own comfort. I think I am going to get up off the couch and get back in motion. How about you? Bro. John*

#### **FIRST BAPTIST CHURCH, HEAVENER, OKLAHOMA**

Sam Dyer, Pastor

John Glinski, Associate Pastor

Church Office—(918) 653-7788

Website—www.fbcheavener.com

Email—fbcheavener@windstream.net

Dr. Lance Ford, Worship Leader

Jonathon Suttmiller, Youth & Outreach

Justin Benson, Children & Youth

Youth website—www.foundation724.com

Youth Service podcasts available on iTunes

## WELCOME!

Date \_\_\_\_\_  
Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Physical Address \_\_\_\_\_  
Apt. No. \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ ZIP \_\_\_\_\_

### Mailing address, if different from above

Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ ZIP \_\_\_\_\_  
Email \_\_\_\_\_

### Telephone

Home \_\_\_\_\_ Work \_\_\_\_\_  
Guest: \_\_\_\_\_ First time \_\_\_\_\_ Second time  
Are you a church member? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Church \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_

### Circle Age or Grade Group

Preschool: Ages B-1 2 3 4 5  
Children: Grades K 1 2 3 4 5 6  
Youth: Grades 7 8 9 10 11 12  
Adults: Ages 18-19 20s 30s 40s 50s 60s 70s+

I am a guest of: \_\_\_\_\_

### REQUESTS

- I would like to speak to a minister.  
 I would like more information on FBC.  
 I will serve where needed.

Prayer requests and other needs:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Contact us:

First Baptist Church  
200 W. Ave. C  
PO Box 845  
Heavener, OK 74937  
(918) 653-7788  
E-mail: fbcheavener@windstream.net  
Website—www.fbcheavener.com  
Youth website—www.foundation724.com  
Youth Service podcasts available on iTunes

## Weekly Schedule

### Sunday, January 30

9:00 a.m.  
Worship Service

10:00 a.m.  
Sunday School

11:00 a.m.  
Worship Service

5:00 p.m.  
Pottery Class  
Teen Life Class

6:00 p.m.  
Evening Worship Service  
Choir Practice

### Wednesday, February 2

4:45 p.m.  
Fellowship Meal  
Faye Smith  
Lisa Dyer  
Theresa Cline  
Bettye Glinski  
Brenda Terry

5:55 p.m.  
AWANA

6:00 p.m.  
Adult Bible Study

6:30 p.m.  
Youth Service

### Prayer Chain Requests

Florene Bowman  
653-4685  
Ida Linville  
653-4304

## Saturday Church Service

Begins February 5, 2011  
7:00 P.M. in the FLC

Come join us for contemporary music and Biblical hot topics. Pastor Sam will be preaching during February.

## GETTING READY FOR EASTER

CHOIR PRACTICE FOR MUSIC TO BE PRESENTED DURING THE EASTER SEASON BEGINS THIS SUNDAY, JANUARY 30 PRACTICES WILL BE DURING THE EVENING SERVICES.

## Senior Adult Meals

FBC Staff would like to thank all those who have donated their time and finances to provide meals for the Senior Adults of our area. Since state funding has resumed for this program, those who have been receiving these meals need to contact Sheila Bolton @ 918-653-2500 for qualification information.

## Lost & Found

Lost items such as Bibles, jackets, and other clothes can be found in the workroom next to the water cooler.

## Found— set of keys in east parking lot

## Help Needed

Please contact Clenys Kofr @ 918-653-2182 if you are interested in providing personal care for a cancer patient on Mondays, Wednesdays, and Fridays from 6:30 a.m. to 5:30 p.m. This is a paid position.

## Books Needed for Jail Ministry (must be paperbacks)

- ◆ Bible Dictionary
- ◆ Kid's Left Behind Series Vol. 1-40
- ◆ Adult Left Behind Series Vol. 6 & Above
- ◆ Also any Promise Keeper books

## No Children's Church this Sunday

Since January 30 is a "fifth Sunday" there will be no Children's Church ( Kindergarten—2nd Grades)

## Opportunity to Serve

Plans are being made to extend the age range of our children's worship service and adult helpers will be needed. If you would be willing to serve on a rotating schedule, please see Justin Benson.

## Extended Session January 30, 2011

11 a.m. — Babies	Lisa & Kyla Dyer
1s & 2s	Michele Fredrickson
3s	Stephanie & Billy Adrean
4s	Elena Crouch & Becca Fabian
6 p.m.—Childcare	Sarah Binns & Ida Linville

## Please Pray for:

Thelma Andrews, Jeff Baker, Sue & Ray Barker, Deloris Blankenship, Jimmy Ray Bolton Jr., Grayson Bradshaw, Vicki Cyrus, Cliff Dykes, Pete Duncan, Dale Elliott, Betty Grover, Paige Harding, Johnnie Huff, Maddie Kannady, Flora & Donald Loe, James McCool, Sue McDaniel, Lucy McMillian, Kathy Morrill, Joyce Ollar, Lynne Pitchford, Ruth Sanford, Sandy Staley, Rusty Sullivan, Jolene Vaughn, Garlena & Mike Vickers, Kevin Vickers, Mary Williams, Marie Barnhart, Harris Gerhardson, Kay Womack, Johnny Baker, R.M. Blackwood, Dale Morrison, Jeff Olive, Don Parker, Lethia Cochran, Salley Suttmiller